



Human Life International (Ireland)

Guadalupe Centre, Main Street, Knock, Co. Mayo

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URGENT!! VITAL CHANGE

3 Days fasting Max recommended, NOT 9 days

3 DAYS
maximum
fasting
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not 9 days as
originally
proposed.

Dear Supporter of life, faith, family,

After further consultation and spiritual guidance, we in Human Life International (Ireland) are advocating a **maximum of 3 days fasting** per person during the 9 day period from the 6th to the 14th of November 2018 – **NOT** the 9 day fasting as originally proposed.

Complete Collapse We ask you to offer up all your prayer, Masses and fasting during this period for the complete collapse of abortion plans in Ireland and conversion and blessing of all those promoting them.

Obligatory Requirement: Anyone undertaking more than 3 days of fasting, must do it under experienced Spiritual Direction and ongoing Medical Supervision. See attached Instruction sheet for more information.

****Disclaimer:** Human Life International (Ireland) cannot take responsibility for any adverse health/other effects through fasting. Medical check and clearance are necessary before joining.

If you would like to take part in 1, 2 or 3 days of Fasting during these 9 days from the 6th – 14th of November **please fill out the form below** and send it or email your details.

See included **Instruction sheet with ‘Tips for Fasting’**.

PLEASE NOTE*** MASS of blessing and encouragement for all fasting participants Monday, 5th November 7pm at Legionaries of Christ, (next to Clayton Hotel) Leopardstown, Dublin.

God Bless,

Patrick McCrystal
Human Life International (Ireland)

Cut and RETURN ✂ -----

Yes, Patrick,

Please tick box:

- I will fast on bread and water these 3 days _____ during the period 6th to 14th November.
- I will pray at least 1 Rosary every day during ALL 9 days for the complete collapse of abortion plans and conversion of those behind them.
- I will attend Mass as many days as possible for this intention during these 9 days.
- I enclose €/\$ _____ towards the expense of this campaign.

Signed: **BLOCK CAPITALS** _____

ADDRESS _____

TEL: _____ EMAIL: _____ MOB: _____

Please Return to: Human Life International (Ireland)
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F/L'18